

**BHA Medical Examination Forms (as from May 2022)**

	<b>UNDER RULES</b>	<b>UNDER RULES</b>	<b>PtoP</b>
	<b>Flat / Amateur</b> Flat, Apprentice & Cat A Flat	<b>Jump / Amateur</b> Jump, Conditional, Cat B, Cat A Jump, Cat A Dual	<b>RQC</b>
<b>When Medical Examination is Required</b>	<ul style="list-style-type: none"> <li>• On first application.</li> <li>• Then every 5 years with GP until 45.</li> <li>• Then every 2 years until 50.</li> <li>• Then yearly thereafter with CMA/GP.</li> </ul>	<ul style="list-style-type: none"> <li>• On first application.</li> <li>• Then every 5 years with GP until 40.</li> <li>• Then every 2 years until 50.</li> <li>• Then yearly thereafter with CMA/GP.</li> </ul>	<ul style="list-style-type: none"> <li>• On first application.</li> <li>• Then every 5 years with GP until 40.</li> <li>• Then every 2 years until 50.</li> <li>• Then yearly thereafter with GP.</li> </ul>

\*Revised July 2022

**Medical Examination Form (NMed19) can be found [here](#).**

**PLEASE NOTE:**

- At the point of application if a medical was completed within the preceding x years, then it will not need to be repeated even if it expires in the next 12 months. However, at the point of licencing the jockey should be notified that before their next application a medical should be completed for those due to expire.
- Medicals can only be undertaken by a doctor with access on the day to the NHS GP Medical Records summary.
- All medicals for applicants over the age of 55 should include Bloods (as a minimum FBC, Renal, liver, fasting lipids and blood sugar) & reported resting ECG. If Q-Risk Calculation >10% a Cardiology appointment will be needed.
- Participants in Charity Races staged as part of a race card under rules are required to follow this schedule.