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Warm-Up Equipment for Dedicated Warm-Up Area on GB Racecourses

Variations from this list should be discussed with BHA Medical Department in advance.

Code	Product	Quantity
PB354A	Foam Roller (FULL) 35" x 4"	4
PB388F	TRIGGER POINT - Massage Balls - MBX	1
PB322D	Mini Band Combi Pack - 1 x Yellow, Green, Blue & Black	1
PB1203A	PB Medicine Ball - 2kg - Pink	1
PB1203C	PB Medicine Ball - 4kg - Green	1
PB1203E	PB Medicine Ball - 6kg - Grey	1
PB1203I	PB Medicine Ball - 10kg - Green	1
PB551	Black Rubber Covered Kettlebell - 4kg	1
PB551A	Black Rubber Covered Kettlebell - 6kg	1
PB551B	Black Rubber Covered Kettlebell - 8kg	1
PB551D	Black Rubber Covered Kettlebell - 12kg	1
PB551H	Black Rubber Covered Kettlebell - 20kg	1
PB551I	Black Rubber Covered Kettlebell - 24kg	1
PB680	1.8m x 1.2m x 18mm Rubber Flooring Mat - Cattle Mats	5
PB623AR	Spinning Bike e.g. KEISER - M3	2
PB305F1	Speed Skipping Rope Adjustable - Black	2
PB328A	Jungle Gym XT	1

Prepared by IJF S&C Team in conjunction with
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